

Jump Start Your Life

Workshops and Seminar Led by Gordon McGregor

- **Jump Start Your Life** - A one day workshop proving tools for change
- **Getting out of Debt, Staying out of Debt and Living Prosperously**
- **Artist Way** – A Course in Discovering and Recovering Your Creative Self
- ***The Secret*** - Learn more and dive deeper into the teaching of this book!
- **Relationship 101** – Find or Keep the Perfect Relationship
- **College Interview Prep**
- **The Four Agreements** - How Toltec laws can help you simplify your life!
- **Prepare for your Successful Job Interview**

Jump Start Your Life

This workshop provides the tools to help anyone begin to make changes in their life!

- Goal Setting
- Create a working Action Plan
- Identify the changes YOU want to make
- Create your ideal Job, Life, or Partner description
- Address and work towards financial freedom and time management
- Face your Fears and create a tool box of steps to overcome them!
- Have Fun Too!

One Day Workshop will put you on the road to making big changes in your life. It is time to Jump Start Your Life!

Getting out of Debt, Staying out of Debt and Living Prosperously

Millions of consumers have become trapped in a spiral of debt, but there is hope. If you want to free yourself from the shackles of debt, we will begin to help you identify immediate ways you can actively change your life into one of prosperity. There are no quick fixes we offer you a roadmap for lifelong solutions.

Artist Way – A Course in Discovering and Recovering Your Creative Self

A 12 week class based on the teachings of Julia Cameron, author of *The Artist Way*, presented with a more personal and practical way of applying it to your life. We explore the blocks, fears, and issues connected to your creative side. Through a series of exercises this class can change how you see yourself and let you discover how exciting the artist is inside you. This class deepens your understanding of how your past may have squelched the creative spirit inside you. The best part is you are not alone and to explore this work with others is very rewarding. This class is for anyone who wants to bring more creativity into any and all areas of their life.

***The Secret* - Learn more and dive deeper into the teaching of this book!**

Join Gordon in a conversation and a series of exercises to bring the power of Law of Attraction into your life. Very powerful and effective workshop for anyone who wants to bring positive change into your life!

**You do not need to have read or seen the movie to attend this workshop.

Come and discover the power of *The Secret*!

Relationship 101 – Find or Keep the Perfect Relationship

Are you ready to meet “The One”?

Need help sorting the past to walk into your future?

Need help with the relationship you are in?

This fun and smart workshop will help you make the change in your life so you are truly ready to begin the right relationship or improve the one you are in.

College Interview Prep

This three session class will work with each student to prepare for their college interviews – Give them the basic tools they need to handle questions and answers. This course will help give anyone the upper hand to impress college admissions and have skills they will need to be successful in life.

The Four Agreements - How Toltec laws can help you simplify your life!

When you get tangled in endless dilemmas -- at home, at work, or with friends -- you need to simplify. Don Miguel Ruiz's book offers the means. In this small book of wisdom, Ruiz, a shaman and healer, instructs us in the four agreements that ensure right conduct. Be impeccable with your word. Don't take anything personally. Don't make assumptions. Always do your best.

Gordon will help explain how Toltec laws can help you simplify and how the laws can lead you out of everyday snares and into personal freedom.

Prepare for your Successful Job Interview

This class will help you write and/or update your resume. Give you ideas on how to research and prepare for a job interview. As well as create mock interviews to give you the confidence to be the best you can be. This class will also work with each person on ways to think outside the box on how to apply your skills to a future job in an area you may have never thought of before.

Sign up and learn more today!
Call 508-228-0659